

LOVE YOUR BODY



A Weekend Weight Management Program with Energy Psychology

The Best Way to Shed Pounds Forever

Saturday & Sunday November 19 & 20, 2011 &

10:00 AM-5:30 PM Santa Fe, NM

Registration Fee: \$360/person

(\$333 if paid in full by October 28)

Tired of Yo-Yo dieting and frustrated with diets, exercise and regaining weight back and more?

In this program, Dr. Joalie Davie integrates several cutting edge techniques** to release your cravings and help you heal from the inside. She will guide you into insightful practices and fun exercises that will empower you to change your relationship with foods so you can watch the pounds wash away without resorting to will power. The weight loss will be gradual and permanent.

With this workshop, you will Love Your Body and:

- *Eliminate food addictions
- * Boost your immune system
- *Have more clarity
- *Eat better
- *Feel happier
- Sleep better
- *Have more energy
- *Feel better physically
- *Be more at peace

**Tapas Acupressure Technique (TAT); Emotional Freedom Technique (EFT); Focusing, and other energy therapies

If you're ready to love your body, register today for this unique opportunity!

Class size limited to 10 participants.

TESTIMONIALS:

"It was a great class. In just one session I was able to stop my cravings and was more aware of what I was eating."

"Very helpful class." "It was a positive experience."

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